



# Phil Hulbert

## DofE Operations Officer / DofE Manager

**27<sup>th</sup> September 2018**



# The Expedition Section

Where The Fun Starts.....

**“If you're not making mistakes, you're probably not learning anything”**



# Expedition Section

**Our Mission is to Inspire them, to Challenge them, to Educate them and to assist them to Achieve their goals.**

**“It’s their expedition ... not their parents, teachers or the man in the stores. It’s their expedition!”**

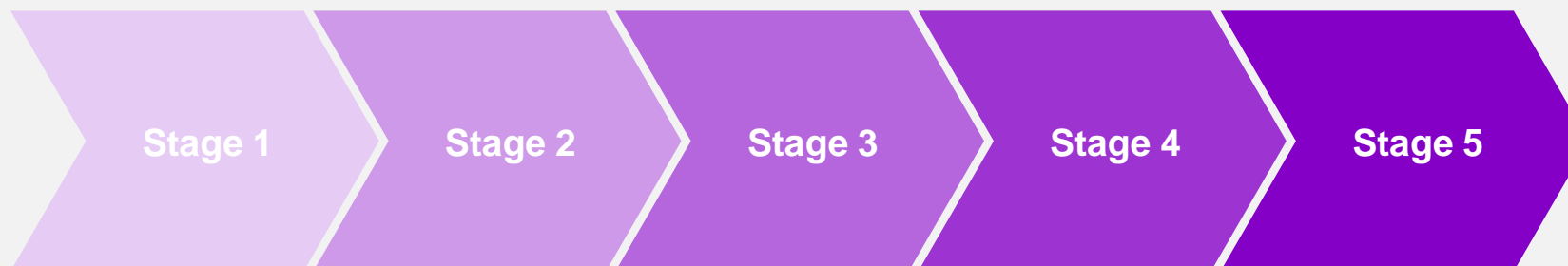
We take our job very seriously and our job is to ensure that they have the correct knowledge, skills, experience and attitude to complete their assessed expedition. To do that we have a dynamic teaching style where you will learn by doing (or not doing) things in the same environment as you'll be in on your assessment. Our Training / Practice expedition is designed to introduce and practice every essential skill needed, and not to shield them from tasks and distances you can expect on your assessment. We don't molly coddle them.



# The road to the Bronze Award.....



## Bronze Training Expedition Weekend – full details to follow by email



### Order Kit Online

Go on to the website and book your equipment – ***please do this by 18<sup>th</sup> April***

### Menu Planning

Go through and try the meals they are planning on taking with them – ***Complete Menu Sheet***

### Personal Kit

Please make sure any bits of personal kit is tried and tested – ***GoOutdoors Discount card***

### Collect Kit

Collect Kit from the Askern Stores – ***please check every item and make sure it is correct***

### Expedition Weekend

Attend the Expedition w/e – ***Evaluate what worked and what didn't***

## Kit..... What you need and what you can borrow



Kit List – please visit our Website [www.candrdofe/bronze](http://www.candrdofe/bronze)

We can provide most of the items needed for the Expedition – Rucksacks, Tents, Stoves, Sleeping Bags & Roll Mats – **we do ask for a £20.00 deposit**

We are having a new system built and will be in place prior to this Expedition, but I do need to know how much kit we have to provide (please complete a sheet)

# Additional Kit List Items....

## Personal Kit List

## Suggested Items to buy.....

## Rucksack

### First aid Kit

Any personal medication that you are happy for them to self administer

- Pain relief
- Blister kits – most students will get a blister, please can you send them with set of Compeed Blister Mix Plasters – from boots
- Compeed are the best

TOP TIP – soak the plasters off never pull them off



# Mobile Phones.....



As a general rule we don't allow the use of mobile phones  
during the Expedition Experience

Mobile phone can be used on the Coach Only

- The Phone is placed in a Tamper Proof Bag at the start and checked at the End
- If it has been found that a phone has been used this will effect the whole group and could mean the end of their Expedition
- As per the 20 Conditions
- It is nice to see Young People talking and being sociable!!!

## General behaviour

- I am sure I don't need to go through this in great detail and it speaks for itself
- With the increase in numbers we have noticed an increase in problems!! so if you do get a call you know it is something serious!!
- Behaviour Code - As per School rules
- No Alcohol, No Drugs etc.
- No sharp knives
- Participants must behave responsibly with respect for their team members, Leaders, the public and animals.



# Supervision.....



- Supervision

- Whilst out on Expedition each group will be Tracked
  - Gives us an indication every 5 minutes where they are
  - Gives the group the ability to send pre set messages
  - Allows them more scope to be out on their “own”
- Leaders will walk with each group for part of their 1<sup>st</sup> day, when they are ok to be set free, leaders will meet at Checkpoint's and water stops
- Overnight
  - Bronze Leaders on the same campsite

# Food.....

*“A Pot Noodle does not count as a meal”*



- Food

- It is a requirement of the Expedition Section that an Evening Meal is cooked and eaten

- What they cook on
      - Threaded Gas Canisters
      - Lighters
    - Quantities
    - Perishable goods
    - Snacks
    - Drinks
    - Working as a group

MENU

# Key information for the Training Weekend Only.....

- Collect Equipment
  - Blue Cohort Wednesday 15<sup>th</sup> May 2019
  - Green Cohort Thursday 16<sup>th</sup> May 2019
- Timings for Saturday 18<sup>th</sup> May 2019
  - Ridgewood – Coach to leave @ 8:00am
  - Campsmount – Coach to Leave @ 8:15am
- Return Equipment
  - Blue Cohort Monday 24<sup>th</sup> June
  - Green Cohort Thursday 23<sup>rd</sup> May
- Timings for Sunday 19<sup>th</sup> May 2019
  - Ridgewood – Coach to drop off @ 18:15pm
  - Campsmount – Coach to Leave @ 18:00am

Return times are approximate and a more accurate ETA will be posted on the Facebook page and also on the Website

# Managing your expectations.....

“The first rule of success is ... turn up.”

We don't molly coddle.....

“Fail to prepare, prepare to fail”



# Thanks

# Any Questions??

CandR DofE Group

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